



KANDA RESIDENCES ASIAN WELLNESS CENTER TREATMENTS AND MASSAGE

Opening Hours: 10:00 am – 08:00 pm daily
Please dial “102” to make your reservation

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*All prices are quoted Thai Baht and are subject to 10% service charge & 7% VAT
Please allow at least two hours notice of cancellation to avoid a 50% charge.*



TREATMENT MENU

At the Kanda Asian Wellness Centre, all our treatments are geared towards alleviating ailments caused by day to day life as well as stress. We strongly believe stress is the cause of illness and disease and that having the opportunity to de-stress will help keep us healthier, longer. With our combined experience and expertise in the wellness industry, we are here to provide you with a totally unique Wellness Experience which will leave you completely rejuvenated, energized, peaceful, positive and much more...

BODY MASSAGE

Kanda Signature Massage

This is a unique massage combining traditional Thai techniques with an Aromatherapy relaxation method. It relieves aches and pains throughout the body and induces a deep state of deep relaxation. This massage is simply a must-try whilst here at Kanda Residences.

60 minutes/THB 1,800 90 minutes/THB 2,200 120 minutes/THB 2,800

Relaxing Aromatherapy Massage

After making your choice from our fabulous aromatic scented oils. The gentle, soothing hand and palm movements, designed to improve blood circulation, will guarantee the ultimate massage experience. This is ideal for someone experiencing massage for the first time.

60 minutes/THB 1,800 90 minutes/THB 2,200 120 minutes/THB 2,800

Traditional Thai Massage

What is the true essence of Thai traditional massage?

The Thai traditional massage is not only the kneading of muscles and joints but also a manipulation of massage points along the invisible “Thai 10 massage lines” or energy lines (“Sen PraTan Sib” in Thai). All lines are about 2 centimeters under the skin and channel internal energy through the body. By using traditional massage techniques from Wat Po,

From whence the most ancient knowledge of Thai massage comes, healing is promoted in ailing organs and glands. Toxins are also eliminated from body tissues.

60 minutes/THB 1,500 90 minutes/THB 1,800 120 minutes/THB 2,200



Foot Reflexology Massage

Reflexology is based on applying focused pressure to points on the bottom of the feet which can help relieve symptoms of certain illnesses. This works because there are certain nerves and reflex points in the feet which go all the way up to our head, passing through all the vital organs. As these points are stimulated, so are all the vital organs. As the organs are stimulated, the body naturally heals itself. Here at Kanda Wellness, we focus on 28 of the reflexive points.

30 minutes/THB 800

60 minutes/THB 1,500

Kanda Head Massage

This luxurious, nurturing regime uses coconut oils combined with Indian head massage to achieve supreme relaxation and noticeably restore your hair to health.

30 minutes/THB 700

60 minutes/THB 1,300

Back & Shoulder Massage

After a strenuous workout or sitting at a desk all day, your back muscles are likely to be tense from overuse. This half-body massage is the quickest way of relieving both stress and inner-body tension. You can literally feel the aches and pains drift away as your masseuse eases body back into shape.

30 minutes/THB 800

60 minutes/THB 1,500

90 minutes/THB 1,800

Nangfa, angel bliss

Invite your child to discover the world of well being under the caring touch of our Thai therapist. This treatment improves children quality of sleep, soothes the nervous system and strengthens the immune system.

60 minutes/THB 850



Hot Stone Massage

Hot stone massage therapy melts away tension, eases muscle stiffness and increases circulation and metabolism. Each 1 1/2 -hour hot stone massage therapy session promotes deeper muscle relaxation through the placement of smooth, water-heated stones at key points on the body. Our professional massage therapists also incorporate a customized massage, with the use of hot stones which offers enhanced benefits.

90 minutes/THB 2,500 120 minutes/THB 3,000

Samunprai , Thai Herbal Compress

Refresh and rejuvenate your inner self with this Samunprai incorporating Deep Tissue massage with a hot Thai herbal compress prepared in the timeless, traditional Thai Method. This treatment is ideal to ease muscle aches and pain leaving you feeling totally relaxed yet invigorated.

90 minutes/THB 2,300 120 minutes/THB 2,800

Reiki Healing Treatment

Reiki is a Japanese technique for stress reduction and relaxation that also promotes healing. It is administered by “laying of hands” and is based on the idea that an unseen “life force energy” flows through us and is what causes us to be alive. If one’s “life force energy” is low, then we are more likely to get sick or to feel stress, and if it is high, we are more capable of being happy and healthy.

The word Reiki is made of two Japanese words – Rei which means “God’s Wisdom or the Higher Power” and Ki which is “life force energy”. So, Reiki is actually “spiritually guided life force energy”.

A treatment feels like a wonderful glowing radiance that flows through and around you. Reiki treats the whole person including body, emotions, mind and spirit creating many beneficial effects that include relaxation and feelings of peace, security and well-being.

"Reiki is wisdom and truth" - Hawayo Takata

30 minutes/THB 1,200 60 minutes/THB 1,800

SPA PACKAGE

Rejuvenating Retreat (2.30 hours)

3,000 THB.

Rejuvenate in a candlelit bath with an aromatic bath, which will stimulate all your senses. Smooth away dry, skin with the moisturizing body scrub, then nourish the body with a rejuvenating body wrap before receiving a pampering, relaxing massage.

(Bath , Body Scrub , Body Wrap & Relaxing Massage)

Top To Toe (3 hours)

4,500 THB.

Rejuvenate your whole body with this great value top to toe pamper day offering all you need to indulge with friends or your family.

(Relaxing Massage , Foot Reflexology , Facial)

Complete Detoxifies (2 hours)

3,000 THB.

This wonderful tropical treat uses a synergy of Red rice that removes impurities and dead cells to prepare your skin for a body wrap with Green tea , simple enjoy the active fresh ingredients that will eliminate toxic wastes and decongest your body by activating perspiration. Then, let your mind distress with a purifying aromatherapy massage. This treatment is ideally suited to refine your skin, leaving your body deeply cleansed and your mind with a renewed vitality.

(Body Scrub , Body Wrap , Relaxing Massage)

PHYTOMER

HYDRA BLUE Plumping Moisturizing Treatment

A moisturizing bath for skin with record efficacy. The results are instant: skin regains comfort and radiance. It is plumped and rested.

60 minutes/THB 2,200

DOUCEUR MARINE Comforting Soothing Treatment

A halo of softness for skin that is sensitive or subject to redness. This cocooning treatment softens the skin and heightens its protection system for a soothed and ideally hydrated epidermis.

60 minutes/THB 2,200

Classical Purifying Facial

This relaxing treatment is ideal for combination, oily or clogged skin and is designed to purify. It notably brings together two specific marine mask with strong deep-cleansing and clarifying properties.

60 minutes/THB 2,200

EXTENDED YOUTH Wrinkle Correction Firming Treatment

Three key steps in a very high-performance treatment to resurface the skin, fill wrinkles and restructure the face. After 1 treatment, wrinkles are visibly reduced and the skin is firmed.

60 minutes/THB 2,200

DETOX BACK MASSAGE Cool-down Treatment

A relaxing massage of the back combined with detoxifying marine products.

60 minutes/THB 1,500